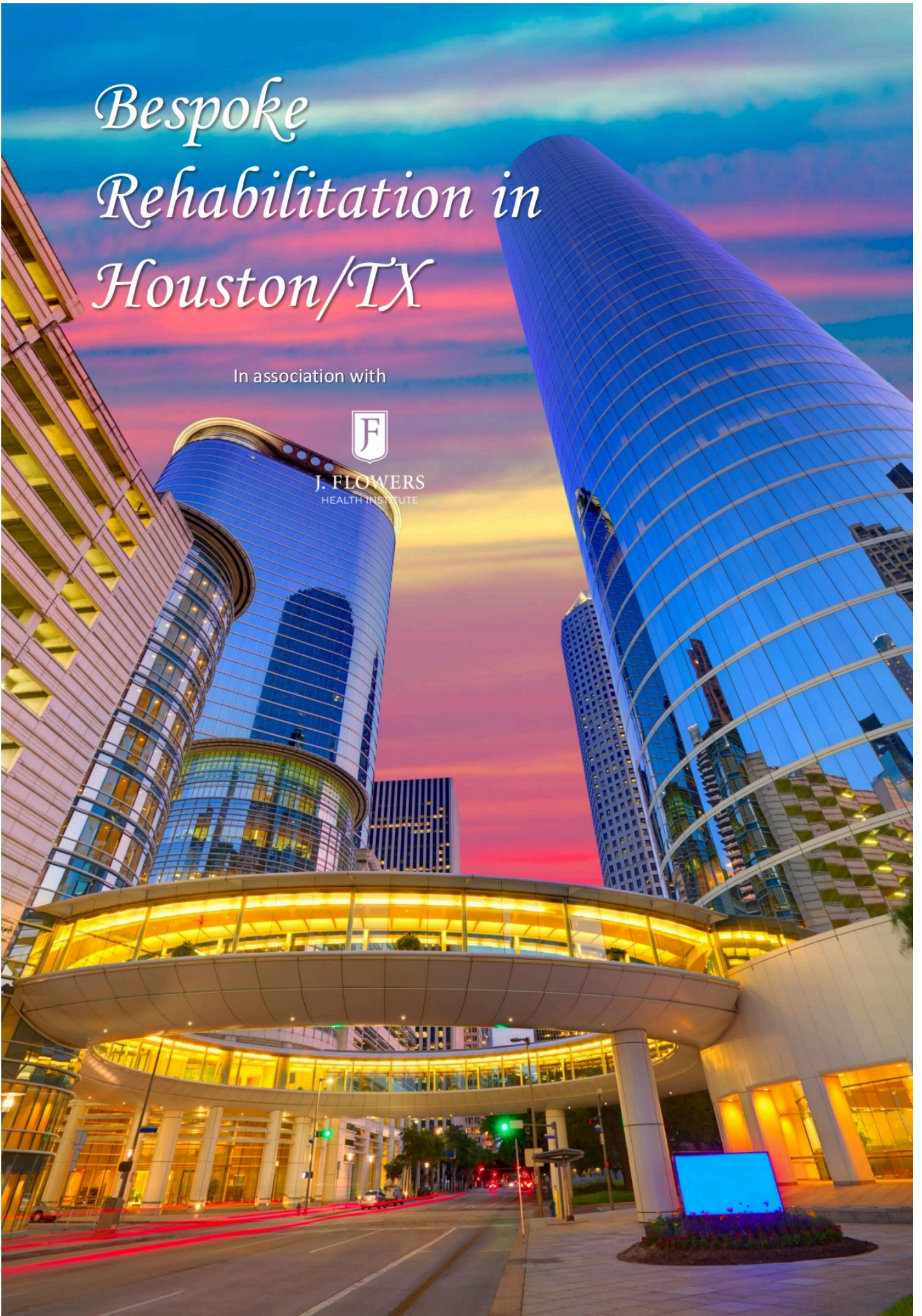


# *Bespoke Rehabilitation in Houston/TX*

In association with



J. FLOWERS  
HEALTH INSTITUTE





J. Flowers Health Institute delivers unparalleled concierge health care to executives, high-profile individuals, young adults, adolescents, and those with complex conditions. Our Comprehensive Diagnostic Evaluation Program uncovers the true source of any health issue and illuminates the most effective path to optimal wellness. The timeliness of our reports and diagnostic impressions allows the next appropriate level of care to begin promptly with a wide and deep understanding of the health and wellness of the individual.

Our multidisciplinary team of experts collaborate to deliver the future of whole-person health. We select the best providers and protocols from Western medicine, holistic health, integrative nutrition, sports medicine, and more that will help our clients reach optimal health. The coordination and collaboration of our team offers each client a full continuum of concierge care as appropriate for their unique circumstances.

No detail is ever left to chance. Every client receives one-on-one support and personalized care. Our high-end facilities, access to the largest medical campus in the world, and private partnerships with exquisite hotels and spas ensure that we deliver an exceptional experience for every client. Clients of J. Flowers Health Institute focus and heal in discreet comfort.





Michael Beard  
Partner, CEO  
J. Flowers Health Institute

Robbin Mooney, CRS  
Co-Founder &  
Chief Development Officer  
J. Flowers Health Institute

Dr. James Flowers, Ph.D, LPC-S  
Founder J. Flowers Health Institute



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## Celebrity Psychotherapist Dr James Flowers



Dr. James Flowers, Ph.D, LPC-S  
Founder



Robbin Mooney, CRS  
Co-Founder &  
Chief Development Officer

For more than 25 years, Dr. James Flowers has been one of the most recognized and respected names in the field of chronic pain, pain recovery, and addiction. With his broad educational background and extensive experience in both the evaluation and treatment of chronic pain and co-occurring addiction, he is recognized as an expert. Dr. Flowers has completed several fellowships in behavioral pain management complete with clinical rotations. He personally developed pain and addiction recovery programs for some of the best-known healthcare and addiction treatment centers in the country. He directed programs integrating assessment and treatment planning with a course of treatment to promote successful recovery. Dr. Flowers also co-founded several well-known, exclusive treatment programs in the state of Texas, dedicated to his passion – that of designing multidisciplinary addiction treatment with clinical protocols, to help individuals suffering from addiction, chronic pain and other underlying disorders, successfully recover. With a demonstrated commitment to create positive change in the lives of his clients, he is dedicated to progressive healthcare, human healing, and to developing healthcare systems which best serve this population. Dr. Flowers has been arranging assessments and evaluations for many years, but in founding J. Flowers Health Institute, he has advanced the process to satisfy a great void – to provide truly comprehensive assessment and evaluation for those who need diagnosis, and to then develop post-evaluation treatment recommendations. Having spent over 28 years in the Texas medical and clinical community, Dr. Flowers is uniquely qualified to assemble some of the finest health care professionals in the world to perform these evaluations and treatment. Over the years, Dr. Flowers' passion and dedication to his clients, as well as his unique approach, has earned him an exceptional reputation as one of the nation's premier experts. He is a popular public speaker and lecturer to audiences across the United States and abroad and has led an exceptional and distinguished career.

*"Everything is about you. Everything is about your health."*

Since 1998, Robbin Mooney has worked in the health and wellness industry creating and implementing dynamic marketing solutions, designs, and branding messages for a variety of companies. Business development, public relations and marketing roles have been her passion, and through these roles she's found a way to help others find a full and successful life. Robbin feels fortunate to be able to merge her entertainment background and holistic wellness specialties into the health and wellness services field. Robbin served as the Outreach and Communications Liaison for Crossroads Centre Antigua; an internationally recognized addiction treatment program founded by Eric Clapton in 1998. For 16 years at Willingway Hospital, she served in various roles such as Director of Communications, Marketing and Special Events Coordinator. Willingway Hospital was the first freestanding addiction treatment hospital in the state of Georgia, as well as one of the first in the country. Over the past 17 years, she has been actively involved supporting MusiCares, which is the non-profit arm of the Recording Academy, helping musicians and individuals in the entertainment industry find the recovery help they need. Robbin was a professional makeup artist for many years, working in film, television, and photography, and is also a certified Yoga Instructor.

## PROGRAMS

J. Flowers Health Institute provides evaluations and wellness programs for difficult-to-pinpoint issues related to chronic pain, substance use, mental health, failure to launch, and lifestyle. Our clinical approach to health is comprehensive, proactive, integrative, and focused on resolving the root cause of health issues to optimize your life.

- Comprehensive Diagnostic Evaluation Program برنامج التقييم
- Concierge Detox Program كونسيرج لبرنامج التخلص من السموم
- Concierge Wellness And Restoration Programs برنامج العافية
- Programs for Adolescents and Young Adults برنامج للمراهقين
- Programs for Impaired Professionals برنامج للأشخاص الضعفاء
- Concierge Continuing Care Program برنامج الرعاية المستمرة
- Concierge Alumni Services خدمات الخريجين





We work with adults and adolescents from a variety of ages, backgrounds, professions, and industries to identify difficult-to-pinpoint issues related to chronic pain, addiction, substance use, mental health, failure to launch, and lifestyle. Our clients include business executives, students, medical and legal professionals, and more.

- Adult Screenings and Evaluations
- Doctor Patient One-on-One Analysis
- Executive Health Diagnosis Evaluation Program
- Executive Blood Panel
- Lifestyle Assessment
- Medical Evaluation
- Medical Report and Treatment Plan
- Medication Evaluation
- Neuropsychological Testing and Brain Mapping
- Nutritional Assessment
- Pharmacogenomic Testing
- Physical Fitness Testing
- Process Addiction Assessment
- Psychiatric Evaluations
- Psychological Diagnostic Testing
- Psychosocial and Trauma Assessments
- Spiritual Assessment and Counsel
- Substance Use Disorder Evaluations

نحن نعمل مع المرضى الصغار والكبار من مختلف الأعمار والخلفيات والمهن والصناعات المختلفة.

نحدد الـأمهم المزمنة ومشاكل الإدمان وصحتهم العقلية وأسلوب حياتهم. يشمل مرضانا

رجال الأعمال والطلاب والأشخاص الطبيين والمحامين وغيرهم.



Dr. James Flowers giving a speech at the annual KBA Investor Forum in London on 28<sup>th</sup> March 2022



Our concierge evaluation program provides comprehensive evaluations, one-on-one access to your team, and world-class care coordination and support. Here's a little bit more about what to expect:

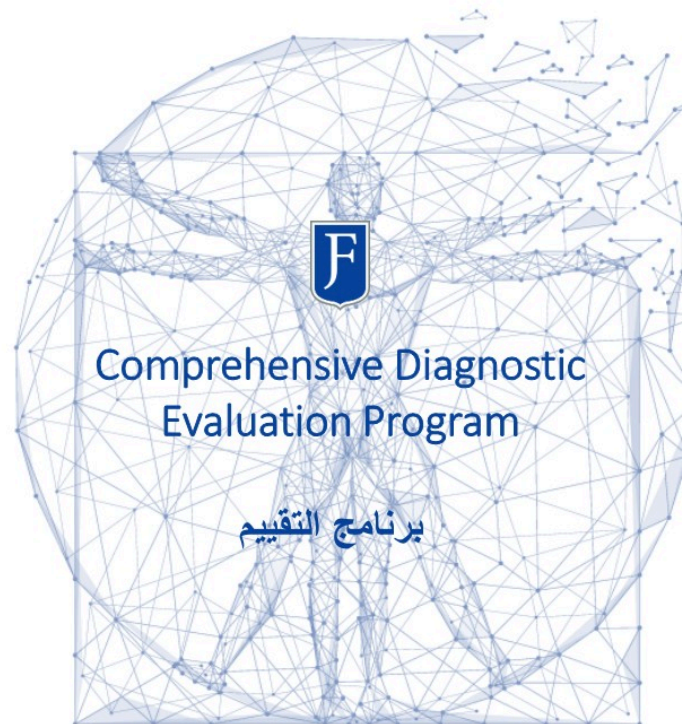
### Comprehensive Review

First, our multidisciplinary team completes a thorough review of your medical history and designs your individualized evaluation schedule. A team approach is the heart of the program. An experienced group of medical professionals accompanies you on this journey, and they are experts at uncovering what is truly wrong, or right, about your body, mind, spirit, and lifestyle.

#### Your evaluation team could include:

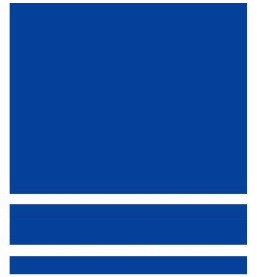
- Physicians
- Psychologists
- Psychiatrists
- Trauma therapists
- Substance use disorder therapists
- Chronic pain experts
- Physical therapists
- Neuropsychologists
- Dieticians
- Spiritual therapists
- Other specialists as needed

J. Flowers Health Institute offers brain mapping as an integral part of delivering the future of whole-person health and wellness. Neurologics Neuroengineering® includes a two-phase approach that maximizes brain potential for those struggling with concussion or brain injury, learning differences, child development, addiction, or peak performance. The Institute uses brain mapping throughout diagnosis and treatment to measure your healing and growth as your wellness evolves.



*J. Flowers Health Institute has access to any specialist or diagnostic test imaging that an individual may require.*





## Comprehensive Diagnostic Review

Once your review is complete, the Diagnostic Evaluation process walks you comfortably, and privately, through an in-depth process of figuring out exactly what is wrong, and what is right, with your body, mind, and spirit.

The goal is to collect sufficient data to compile and support accurate diagnosis and create a workable plan for an improved life, whatever that may entail. Your evaluation team is comprised of experienced, expert medical, health, wellness, and lifestyle professionals.

### Your Diagnostic Evaluation could include:

- Comprehensive medical evaluation
- Chronic pain evaluation
- Psychiatric evaluation
- Lifestyle assessment
- Specialty physicians consult
- Fitness and nutritional evaluation
- Psychological diagnostic testing
- Pharmacogenomics testing
- Neuropsychological testing and brain mapping
- Nutritional assessment and guidance
- Psychosocial and trauma assessment
- Medication evaluation
- Substance use disorder assessment
- Executive blood panel
- Process addiction assessment
- One-on-one analysis with your physician
- Spiritual assessment and counsel
- Comprehensive report and action plan

Your program will establish whether any condition – mental, physical, or emotional – exists and requires a treatment plan, and will identify longer-term issues that need to be considered in follow-up care.





*At J. Flowers Health Institute, we believe in equality and unity.*



## Concierge Detoxification Program

### كونسيرج لبرنامج التخلص من السموم

The Concierge Detoxification Program at J. Flowers Health Institute is a fully private and customized medical detox experience. A board-certified addiction specialist will work closely with the client's personalized treatment team to ensure they receive the best medical and psychological care during their stay. Clients receive 24/7 care from a dedicated medical team.

Often, it is more comfortable for a client to be in a smaller, more private environment during detoxification than a standard inpatient setting with other clients. As the client progresses through the detox phase, their private medical staff will closely monitor medication needs, vital signs, nutritional intake, and sleep patterns.

Our goal is to ensure that the client has completed the detoxification phase and is medically stable before our team of specialists diagnose or recommend an appropriate treatment plan.





## Concierge Wellness And Restoration Programs

### برنامج العافية

The Concierge Wellness and Restoration Programs at J. Flowers Health Institute are fully customized, intensively structured, holistic courses of treatment based on a client's unique need to recover. They provide evidence-based solutions from top specialists who work together to treat underlying conditions from every angle.

Our programs are designed to meet and fulfill all recommendations from our Comprehensive Diagnostic Evaluation Program findings and diagnoses. Our expert team specializes in treating highly complex clients. Each client receives personal, one-on-one concierge care.

#### Participation goals may include:

- Improved overall mental, emotional and physical wellness
- Treatment of mood symptoms, such as depression and anxiety
- Return to academic education or workforce as a productive member
- Increased understanding and application of coping skills
- Increase in valued activities and adaptation of healthy lifestyle

The interdisciplinary treatment team may include but is not limited to, medical doctors, psychiatrists, psychologists, neurologists, interventional pain specialists, addictionologists, trauma specialists, mental health and addiction therapists, physical therapists, nutritionists, fitness professionals, and wellness providers. Due to the highly customized nature of the Concierge Wellness and Restoration Programs at J. Flowers Health Institute, program duration and pricing is determined on an individual basis.





## Upon Arrival

- Private luxury executive accommodations
- Complimentary WiFi and on site business services
- Pet friendly accommodations available
- Programs for Adolescents and Young Adults
- Guide to area amenities, restaurants, local attractions, and transportation options
- Dedicated concierge team to ensure your appointments are scheduled proficiently



J. Flowers Health Institute partners with Luxury Business Jets to provide clients with a safe and private transportation option to and from our facility. Whether the flight is going across the state or around the globe, every client is afforded the most specialized and personalized attention to detail.

Our partners:





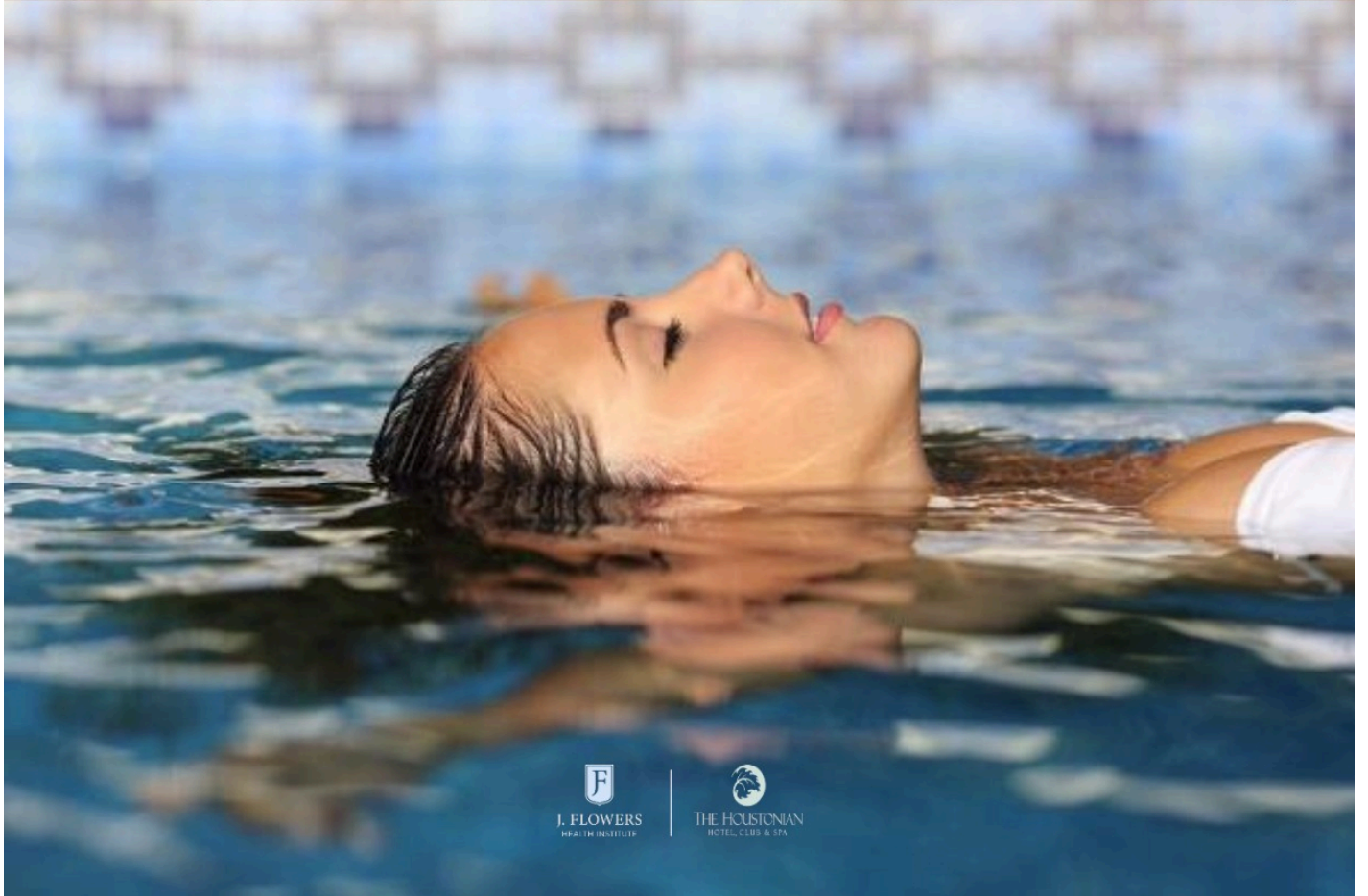
Experience the most personalized service with our partner *Luxury Business Jets*



All our clients are accommodated in one of our two exclusive 5-star partner hotels









Guests at The Houstonian Hotel may relax and rejuvenate on a 27-acre oasis, with floor-to-ceiling wooded views in its guest rooms, four on-site dining restaurants, and more.

The 175,000 square-foot Houstonian Club offers state-of-the-art equipment, an indoor tennis facility, a resort pool with a rock slide, sports lap pool and a quiet garden pool.

Trellis Spa is a Mediterranean style, 17,000- square-foot facility with hair and nail salons, luxurious locker rooms with Jacuzzi and steam rooms, indoor float pool, relaxation lounge with fireplace, and a tranquility room.





J. FLOWERS  
HOTEL, RESTAURANT & SPA

THE HOUSTONIAN  
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“Unparalleled Guest Experience”  
Our partnering properties are known for their grace, comfort, and unparalleled guest experience.



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Clients are invited to relax and rejuvenate at a newly renovated Mediterranean-style spa with indoor float pool, soaking pools, meditation garden, and more.



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At the end of the day, hotel guests may unwind at the rooftop pool oasis, enjoy a Topgolf Swing Suite, or savor flavourful dishes at one of the several gourmet dining options.

