

مقابلة مع

بامبلا د. كورت



In Conversation

with

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Speaker, Coach & Founder *Best Version You* & Kurt Law LLC

SKYLounge Award Winner 2026

Best Life Coach & Best Lawyer in Ohio

1. Vision & Platform Identity

Your coaching platform is built around helping women access their best version. What was the defining moment that led you to create this work, and how does your platform differ from traditional coaching models for women in leadership ?

The defining moment that led me to create this work was not a single achievement, but a season of refinement. After years of building a successful legal career and leading at a high level, I found myself walking through personal trauma, loss, and burnout - while still being expected to show up strong, capable, and composed. In that season, my faith became not just a belief system, but an anchor. I recognized that many high-achieving women were navigating similar silent battles, longing for both success and spiritual alignment. That realization became the foundation of my work.

My coaching platform is intentionally personalized. I do not believe in one-size-fits-all transformation. Each woman I work with brings a unique story, calling, capacity, and season, and my approach honors that. I take time to understand who she is - not just what she does - so that our work aligns with her values, faith, leadership role, and personal responsibilities. Strategy is tailored, goals are co-created, and growth is paced to support sustainability rather than exhaustion.

What differentiates my platform from traditional leadership coaching is the integration of faith, healing, and strategy. While many models focus primarily on performance and external success, I help women strengthen their inner foundation - identity, worth, resilience, and trust in God - so that leadership flows from wholeness rather than pressure. Drawing from my experience as an attorney, business leader, and coach, I guide women to lead with clarity, confidence, and spiritual grounding, without sacrificing themselves in the process.

At its core, my work helps women move from striving to alignment - where ambition is guided by purpose, leadership is anchored in faith, and success is experienced with peace, integrity, and impact.



2. Core Transformation

When women fully engage with your coaching, what is the most profound shift you consistently see in how they think, lead, and make decisions ?

When women fully engage with the **Dream. Believe. Achieve.® 12-Week Model**, the most profound shift I consistently see is a transition from **self-doubt and over-responsibility to clarity, confidence, and God-aligned authority** in how they think, lead, and make decisions.

In the **Dream** phase, women give themselves permission to name what they truly want - not what is expected of them, not what feels “reasonable,” but what aligns with their calling.

This reframes their thinking. They move from reactive survival mode to visionary clarity, learning to dream with faith instead of fear.

In the **Believe** phase, the internal work deepens. This is where mindset, identity, and faith intersect. Women confront limiting beliefs, heal old narratives rooted in trauma or burnout, and replace them with truth - about their worth, their capacity, and God’s promises over their lives.

Leadership shifts here: they stop leading to prove themselves and begin leading from self-trust and spiritual grounding.

In the **Achieve** phase, decision-making transforms. Women move from hesitation and people-pleasing to decisive, values-aligned action. They set boundaries without guilt, make strategic choices with clarity and take ownership of outcomes with confidence.

Their leadership becomes calmer, more focused, and more sustainable because it is anchored in purpose rather than pressure.

The most powerful outcome is not just external achievement - it is **internal alignment**. Women leave the program thinking differently, leading with peace and authority, and making decisions that honor both their ambition and their faith. They don’t just accomplish more - they become more rooted, resilient, and impactful versions of themselves.





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3 . Executive Presence & Authority

Many women struggle with owning their authority at the executive level. How does your coaching help women move from self-doubt to confident, decisive leadership ?

Many women at the executive level don't lack competence - they lack permission to fully own their authority. My coaching helps women move from self-doubt to confident, decisive leadership by addressing both the **internal and external** barriers that keep them second-guessing themselves.

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My coaching platform is intentionally personalized. I do not believe in one-size-fits-all transformation. Each woman I work with brings a unique story, calling, capacity, and season, and my approach honors that.



4 . Alignment Over Hustle

In a culture that rewards overwork, your platform emphasizes clarity and alignment. How do you help women redefine success in a way that is both powerful and sustainable ?

In a culture that rewards overwork, many women equate success with exhaustion. My platform helps women redefine success by shifting them from performance-driven validation to **clarity, alignment, and sustainable authority**.

I begin by helping women slow down enough to get clear. Through intentional reflection and personalized coaching, we examine what success has been costing them - physically, emotionally, spiritually - and whether those outcomes truly align with their values, season of life, and calling. This clarity allows them to release inherited definitions of success and consciously choose ones that are life-giving rather than depleting.

From there, we align ambition with purpose. Instead of striving harder, women learn to lead smarter - setting priorities, boundaries, and goals that reflect what matters most. Faith plays a central role here, grounding decisions in trust rather than fear and helping women lead from conviction instead of constant urgency.

Finally, we translate alignment into sustainable leadership practices. Women learn how to make clear, decisive choices, delegate effectively, protect their energy, and measure success not just by output, but by impact, peace, and consistency. The result is leadership that is powerful without being punishing - where women achieve meaningful results while maintaining clarity, health, and wholeness.

Success, as I teach it, is not about doing more. It is about leading with intention, integrity, and endurance - so women can thrive over the long term, not just perform in the short term.



5 . Navigating High-Pressure Environments

You coach women who are operating in high-stakes, high-visibility spaces. What tools or frameworks do you use to help them remain grounded while still performing at an elite level ?

When women are leading in high-stakes, high-visibility environments, the goal isn't to lower the bar - it's to raise capacity without sacrificing stability. I use a combination of structured frameworks and personalized practices to help women remain grounded while performing at an elite level.

At the foundation is my **Dream. Believe. Achieve.® 12-Week Model**, which provides clarity, identity alignment, and disciplined execution. Within that structure, each client receives a customized leadership rhythm based on her role, season, and responsibilities - because elite performance requires precision, not pressure.

I incorporate **clarity mapping** to help women separate what truly requires their leadership from what can be delegated or released. This reduces mental overload and strengthens executive decision-making. I also use **values-based prioritization**, ensuring that daily actions align with both professional objectives and personal convictions, including faith where appropriate.

To support grounding under pressure, I integrate **faith-centered anchoring practices** - such as intentional reflection, prayer-based decision frameworks, and truth-based reframing - to help 4 women lead from calm authority rather than reactivity. This allows them to remain present, composed, and decisive, even in moments of scrutiny or uncertainty.

Finally, I emphasize **decision confidence frameworks** - clear criteria for making, communicating, and standing behind decisions without over-explaining or second-guessing. Women learn to trust their judgment, regulate stress, and lead with steady confidence.

The result is leadership that is both elite and sustainable: women who perform at the highest level while remaining grounded, centered, and aligned - internally and externally.





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6 . Women of Empowerment

Empowerment is often talked about but rarely embodied. What does true empowerment look like in practice for the women you coach, and how does your platform cultivate it ?

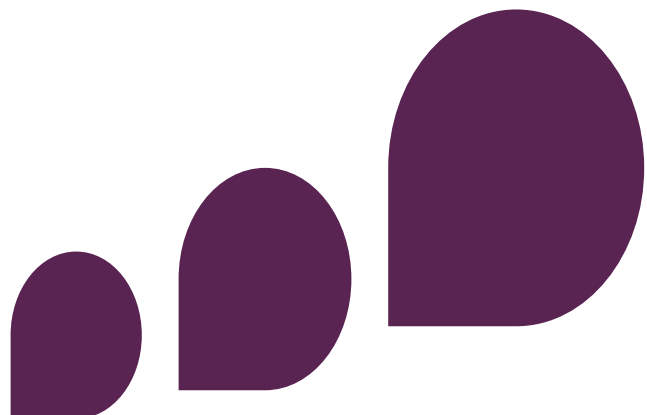
True empowerment, in practice, is not loud or performative - it is embodied. For the women I coach, empowerment shows up as **self-trust, emotional regulation, and the ability to lead without abandoning themselves.**

It begins with self-care, but not in the superficial sense. I help women redefine self-care as a leadership discipline - one that restores clarity, protects capacity, and reinforces worth. When women consistently honor their physical, emotional, and spiritual needs, they stop operating from depletion. That restoration becomes the foundation for belief in themselves.

From there, belief shifts behavior. As women begin to trust themselves again, they speak with clarity, make decisions without excessive justification, and set boundaries without guilt. They no longer outsource their confidence or wait for permission. This is where empowerment becomes visible - in how they show up, how they lead, and how they choose themselves without apology.

My platform cultivates this by integrating self-care, mindset, and strategy into one cohesive model. Through personalized coaching, faith-centered grounding, and the **Dream. Believe. Achieve.® framework**, women learn to care for themselves in ways that reinforce identity and confidence. Self-care is not treated as a reward for productivity, but as the fuel that sustains leadership.

The result is empowerment that lasts. Women don't just feel empowered in a moment - they live it daily through grounded decisions, aligned leadership, and an unshakable belief in themselves.





. Scaling Impact & Global Reach

As your coaching platform grows, how do you envision expanding its impact globally, and what types of women leaders do you feel most called to serve on an international scale?

As my coaching platform grows, my vision is to reach **one million women globally** and help them truly believe that they deserve more, can be more, and are called to become their best selves. The heart of the work remains deeply personal, even as the platform scales - because transformation happens when women feel seen, supported, and spiritually grounded.

Globally, I feel most called to serve women leaders who carry both influence and responsibility - executives, entrepreneurs, professionals, and emerging leaders - who are operating in high-demand environments while quietly longing for alignment, clarity, and deeper purpose. These are women who lead teams, organizations, families, and communities, yet often neglect themselves in the process.

The expansion is intentionally multi-dimensional. I am building a **global online community** that provides accessible coaching, faith-centered grounding, and peer support across borders and cultures. This digital foundation allows women everywhere to engage in the **Dream. Believe. Achieve.® framework** regardless of geography.

In parallel, I envision **in-person experiences** - summits, keynote speaking, workshops, and retreats - that deepen connection and embodiment. These spaces allow women to step away from constant performance, reconnect with themselves, and experience transformation in community. Each touchpoint - online or in person - is designed to reinforce the same message: you are worthy, you are capable, and your leadership matters.

Ultimately, global impact for me is not just about scale - it is about awakening belief. When women believe in themselves, they lead differently, raise others differently, and change the trajectory of their organizations and communities. Reaching one million women is not a number - it is a calling to create a ripple effect of empowered, aligned leadership across the world.





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. Breaking Barriers

What systemic or internal barriers do you most often see holding women back from stepping fully into leadership, and how does your coaching help dismantle those barriers ?

The barriers that most often hold women back from stepping fully into leadership are rarely a lack of ability - they are a combination of **systemic conditioning and internalized beliefs** that reinforce hesitation, over-responsibility, and self-doubt.

Systemically, women are often rewarded for being dependable, accommodating, and self-sacrificing rather than decisive and authoritative. Many operate in environments where they are expected to carry emotional labor, overperform to be seen as credible, or navigate unspoken double standards around confidence and visibility. Over time, these dynamics can quietly erode self-trust.

Internally, this shows up as perfectionism, people-pleasing, imposter syndrome, and a deep fear of being seen as “too much” or “not enough.” Many women learn to shrink, second-guess, or delay leadership moves - not because they lack clarity, but because they’ve been conditioned to seek safety over authority.

My coaching dismantles these barriers by working at the **identity, belief, and strategy levels simultaneously**. Through the **Dream. Believe. Achieve.® framework**, women reconnect with their vision and leadership identity, challenge limiting narratives, and rebuild confidence rooted in truth rather than external validation. Faith-centered grounding helps women replace fear-based decision-making with trust, discernment, and conviction.

At the practical level, I help women develop decision confidence, boundary-setting skills, and executive presence that allow them to lead clearly and unapologetically within existing systems - while also influencing healthier cultures around them.

The result is not just stronger leaders, but women who fully own their authority. They stop asking for permission, stop over-explaining, and step into leadership with clarity, courage, and alignment - changing both their internal experience and the environments they lead.



9 . Legacy & Mentorship

Beyond individual success, how does your coaching platform encourage women to think about legacy, mentorship, and lifting other women as they rise ?

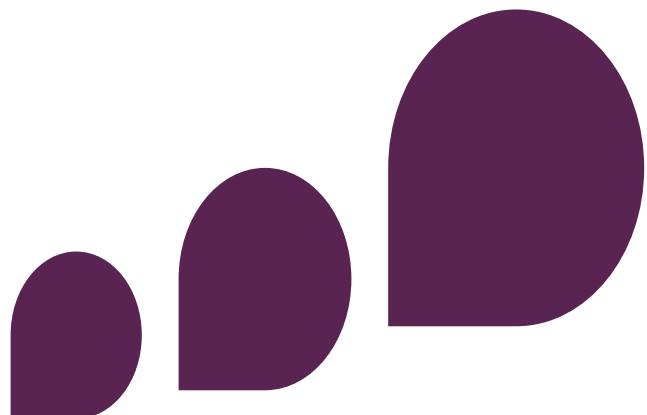
Beyond individual success, my coaching intentionally reframes leadership as stewardship. I help women understand that their growth is not just for personal achievement, but for impact, influence, and the legacy they leave behind.

As women gain clarity, confidence, and alignment through the coaching process, we begin to ask deeper questions: Who benefits from your leadership? Who are you making space for? What values are you modeling for the women watching you? This shifts the focus from self-advancement to responsibility - using one's voice, position, and success to elevate others.

Mentorship is woven directly into the work. I encourage women to lead with openness, share their journeys honestly, and normalize growth rather than perfection. When women see their own transformation - from self-doubt to self-trust - they naturally become guides for others. My platform reinforces this by creating community spaces where women support, encourage, and learn from one another, breaking the myth that success is scarce.

Faith-centered grounding also plays a role here. Women are reminded that leadership is not about dominance, but about service and legacy - lifting as you rise, advocating for others, and leaving systems healthier than you found them. Success becomes less about titles and more about the lives touched along the way.

Ultimately, my coaching cultivates leaders who don't just climb - they **build ladders**. Women leave not only empowered in their own leadership, but committed to mentoring, championing, and creating pathways for other women to rise with them.





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. The Future of Women's Leadership

Looking ahead, how do you see the role of women in leadership evolving globally, and how is your coaching platform positioned to support that next generation of empowered women ?

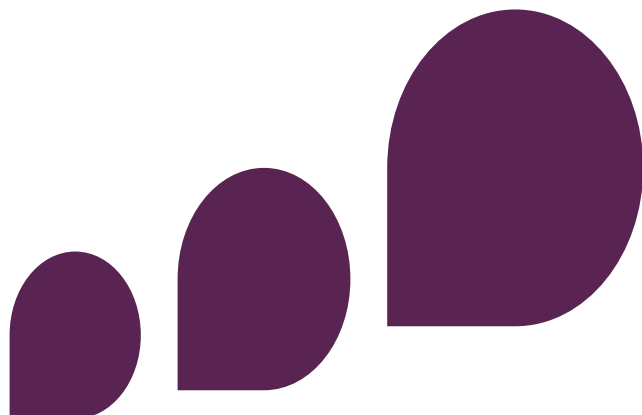
Globally, I see the role of women in leadership evolving from proving competence to **owning authority with clarity, collaboration, and conscience**. The next generation of women leaders is no longer asking for permission to lead - they are asking how to lead in ways that are sustainable, values-driven, and impactful in a rapidly changing world.

As systems become more complex and visibility increases, women are being called to lead with both strength and humanity - bringing emotional intelligence, discernment, and ethical grounding into spaces that have traditionally rewarded rigidity and overperformance. Leadership is expanding beyond titles and hierarchy toward influence, stewardship, and cultural impact.

My coaching platform is intentionally positioned to support this evolution. It equips women not just to succeed within existing systems, but to **shape the future of leadership itself**. Through the **Dream. Believe. Achieve.® framework**, women learn to clarify vision, strengthen belief in themselves, and lead decisively without disconnecting from their values or well-being.

The platform also emphasizes community and continuity. Through global online spaces, live events, summits, workshops, and retreats, women are supported across seasons and stages - emerging leaders, seasoned executives, and those in transition. This creates a multigenerational ecosystem where wisdom is shared, mentorship is normalized, and leadership is multiplied rather than siloed.

Ultimately, I believe the future of leadership belongs to women who are grounded, confident, and aligned - women who know who they are, why they lead, and who they are lifting along the way. My platform exists to help raise and support that generation - globally, sustainably, and with purpose.



About Pam

LICENSED TO PRACTICE LAW IN

- The State of Ohio and
- Federal Northern District Court of Ohio
- United States Court of Appeals, Sixth Circuit
- United States Supreme Court
- Coach Pam, Professional Women Life Coach

She has won numerous awards

PROFESSIONAL ACHIEVEMENTS

- Lakeland Community College, Hall of Fame Recipient 2010
- Forbes House, Regular Speaker
- Small Business of the Year, 2010
- Ohio State Bar Foundation Fellow Class of 2011
- Women of the Year award NAPW, 2011/2012
- American Lawyer Media, Top Ohio Lawyer 2013
- Trademark's Who's Who Honor Edition 2015
- NAFLA, Top 25 Lawyer 2015 and Ranked Top 10 Award
- American Inst. of Law Attorney Satisfaction Award, 2016
- Expert Network, Distinguish Attorney Award, 2016
- American Inst. of Family Law, 10 Best Attorney- Ohio, 2016-2017
- Attorney and Practice Magazine, Family Law, Top 10 Ohio May 2017
- American Inst. of Family Law, 10 Best 2018
- Best Attorney of America, member, Ohio 2018
- 10 Best Female Attorney in Ohio 2019, Family Law
- Best selling International Author 2021 & 2022
- American Assoc. of Top Attorney Advocates, Family Law Female Attorney 2021
- Lawyers of Distinction, Family and Divorce Law 2021
- Best of the Best Attorneys Top 10 Family Law, Ohio Award 2020
- Leadership Lake County, Leader of the Year Award 2022
- 10 Best Attorney in Ohio, American Institute of Family Law, 2025

PROFESSIONAL MEMBERSHIPS

- Ohio State Bar Association
- Lake County Bar Association, President 2021-22
- Geauga County Bar Association; former Grievance Committee
- Ashtabula County Bar Association
- Chardon Chamber of Commerce
- Eastern Lake County Chamber of Commerce
- Ashtabula County Women's Club
- Fine Arts Association, Women's Committee, Willoughby
- United Way, Women's Council
- American Bar Association, former Advisory Panel
- Ohio Women's Bar Association, former Legislative Committee
- Western Lake County Chamber, former Board Member
- Forbes House, Women's Shelter, former Board Member
- Pay It Forward Foundation of Cleveland, Board Member
- BNI, Chapter President of Executive Chapter 2015
- Willoughby Hills, Economic Development Committee 2016
- Willoughby United Methodist Church, former Mission & Social Concerns Committee
- McKinley Outreach, former Board Member and Legal Counsel
- LAB, Learning About Business, former Board Member
- Joann Davidson Leadership Institute of Ohio, Class of 2013
- Leadership Lake County, Class of 2015
- Lake County Planning Commission 2017 to 2025 Chair, 2022
- Lake County ADAHMS Board 2019 to present; currently Chair
- Ohio State Bar Family Law Committee, Secretary 2022
- Ohio Supreme Court, Certified Specialty Commission, 2022-2024



Pamela D. Kurt is an attorney, bestselling author, speaker, and certified 10X Business Coach dedicated to empowering women to unlock their fullest potential. Pam has always been driven by a passion for helping others. In her law practice she primarily practices family law including custody, child support, and Guardian ad litem work as well in the Courts.

She graduated from Lakeland Community College in Paralegal Studies and Cleveland State University for undergrad as well as her Master's in Public Administration and Juris Doctorate.

